

A Few Resources

Mental Health America:

www.mentalhealthamerica.net
www.mhacentralcarolinas.org

National Alliance on Mental Illness (NAMI):

www.nami-charlotte.org
www.nami-charlotte.org/support-groups

Mental Health.gov

www.mentalhealth.gov

National Suicide Prevention Lifeline:

1-800-273-8255

National Institute of Mental Health:

www.nimh.nih.gov

Carolinas Healthcare Resources:

www.carolinashealthcare.org/medical-services/prevention-wellness/behavioral-health/resources

Mecklenburg County Mobile Crisis:

704-566-3410

Promise Resource Network:

www.promiseresourcenetwork.com

HopeWay:

www.hopewayfoundation.org

Anxiety and OCD Treatment Center:

www.anxietyandocdtreatmentcenter.com

The Barnabas Center:

www.thebarnabascenter.org

Agape Christian Counseling:

www.agapechristiancounseling.org

Carmel Baptist Counseling Center:

www.carmelbaptist.org/services

Carolinas Counseling Group:

www.carolinascounseling.info

Christ Centered Community Counseling (C4):

www.c4counseling.com

Christian Therapy Services for Women:

www.christiantherapyservices.com

Perry Counseling:

www.justinperrycounseling.com

